St. Charles Hospital, a member of Catholic Health Services, was awarded an “A” for its Fall 2018 Hospital Safety Grade from The Leapfrog Group, a nonprofit organization that ranks hospitals nationwide. St. Charles was one of only three hospitals on Long Island to “ace” the test and was joined by another CHS hospital, St. Francis Hospital, The Heart Center®, which also received a grade “A” score. Of the 145 hospitals surveyed in New York State, only a dozen or, just eight percent, received an “A.”

St. Charles has earned an “A” 5 times since the safety score’s debut in 2012.

“Patients know that when they come to us, they will be treated with compassion, dignity and respect, while in a hospital with an outstanding record of safety and success. We are proud to be recognized as one of the safest hospitals in the country.”

“Leapfrog’s Hospital Safety Grades recognize hospitals like St. Charles that focus on advancing patient safety. This ranking provides an important resource for patients, and a benchmark for hospitals, to determine how care at one hospital compares to others in a region,” said Leah Binder, president and CEO of The Leapfrog Group. “Hospitals that earn an “A” Hospital Safety Grade deserve to be recognized for their efforts in preventing medical harm and errors.”

To read more about the scores and see how hospitals were rated, log on to: www.hospitalsafetygrade.org

Inside This Issue:
- St. Charles Adds Interventional Pulmonologist
- St. Charles Expands Robotic Surgery Program
- St. Charles Welcomes da Vinci trained Bariatric Surgeon
- St. Charles Recognized For Knee Replacement and Bariatrics
- Southold Couple Takes Weight Loss Journey Together
- 2018/2019 Awards and Accreditations for St. Charles Hospital
A new year is upon us and with it, the promise of good things to come for St. Charles Hospital.

We begin 2019 with exciting news. As we continually seek new ways to offer additional services and programs to the communities we serve, we are very happy to let you know that we are expanding surgical services. Having recently purchased the latest and most advanced model of the da Vinci Robot, we are now offering minimally invasive surgery for many abdominal procedures. For more information on the da Vinci Robot, read the article in this issue.

Additionally, in 2019 we begin the much anticipated renovation of our Maternal Child Unit to all private rooms. We anticipate construction to begin in the first quarter and project a timeline for completion of approximately nine months, certainly apropos for this unit! In order to maintain the integrity of the unit, small sections will be renovated one at a time, with each section being completed before moving to the next. When complete, the unit will offer 17 beautifully appointed private rooms/bathrooms for new moms, dads, and significant others to enjoy after they deliver their new baby.

Yes, another New Year is upon us and with it the anticipation and excitement of all this to come at St. Charles - and much more! Wishing you a happy and healthy year from all of us at St. Charles Hospital! We are always here and ready to help with any health care needs for you or your family.

Count on it!

James O’Connor

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St. Charles Adds Interventional Pulmonologist

Muhammad Perwaiz, MD, an Interventional Pulmonologist, has joined the St. Charles Hospital medical staff.

Dr. Perwaiz is one of the few pulmonologists in the country who specializes in minimally invasive procedures to diagnose and treat pulmonary disorders including, but not limited to:

- Lung cancer
- Mediastinal masses
- Post-operative air leaks
- Complex airway disorders
- Mediastinal masses
- Pleural effusions
- Bronchial asthma

Dr. Perwaiz has a particular interest and high success rate in the evaluation of lung nodules incidentally discovered on chest imaging.

Dr. Perwaiz completed an Internal Medicine residency followed by a fellowship in Pulmonary Medicine at Interfaith Medical Center in Brooklyn. He completed a second fellowship in Critical Care Medicine at Brown University in Providence and subsequently performed a third fellowship in Interventional Pulmonary Medicine at Cooper University Hospital in southern New Jersey. This fellowship included rotations at Cooper’s MD Anderson Cancer Institute.

To schedule an appointment with Dr. Perwaiz, please call (631) 474-6797.
St. Charles Expands Robotic Surgery Program With Most Advanced da Vinci; New Surgical Options

St. Charles Hospital has expanded its robotic surgery program with the introduction the da Vinci Xi, the newest, fourth-generation release of the ground-breaking surgical system used by the nation’s top hospitals for surgery. The introduction of the da Vinci Xi system at St. Charles brings thoracic surgery to the hospital and expands the technologies utilized for surgeries on the stomach, digestive tract, uterus, urinary tract, colon and rectum.

“Surgical technology is continually evolving and St. Charles Hospital is continually evolving as well,” said Jim O’Connor, President, St. Charles Hospital. “We are focused on meeting the demand for leading-edge procedures right here on Long Island while also providing the compassionate care which has been our mission, and our hallmark, for more than a century.”

St. Charles Hospital’s fourth-generation da Vinci, the da Vinci Xi, incorporates more advanced instrumentation, enhanced visualizations and a more streamline design than previously released da Vinci models.

For a list of da Vinci-related procedures performed at St. Charles visit www.stcharles.org/davinci or call (631) 474-6797.

St. Charles Hospital Welcomes da Vinci trained Bariatric Surgeon

St. Charles Hospital has added Candice Chipman, MD, a da Vinci trained Bariatric surgeon, to its Weight Loss Surgery Program. Dr. Chipman completed her Bariatric Fellowship at Abington-Jefferson Hospital in Abington, PA. At Abington, she began performing biliopancreatic diversion with duodenal switch, a procedure which combines a sleeve gastrectomy with an intestinal bypass to create long-term weight loss. Abington is one of the busiest duodenal switch centers in the Eastern United States. Chipman incorporates this procedure, the first of its kind on Long Island, into her practice and performs the biliopancreatic diversion with duodenal switch utilizing the hospital’s new, fourth generation da Vinci robot.

To make an appointment with Dr. Chipman, call (631) 474-6797.
Married for almost thirty years, Andrea and Chris Manfredi of Southold are longtime world travelers who have embarked on a whole different type of journey together. In August of 2017, the pair underwent same-day weight loss surgeries at St. Charles Hospital, with Andrea going into surgery at 10am and Chris at 2pm.

“We wanted to go through it all together, beginning to end,” explained Andrea.

Another thing that the Manfredis do together is attend St. Charles Hospital’s monthly Bariatric Surgery Support Group, where they connect with others who have had the weight loss surgery, as well as those only considering it.

And the Manfredis’ results?

“Losing the weight has opened a whole new world to us,” said Andrea, 53, who today is down more than 70 pounds from her pre-surgery weight. She no longer has an arrhythmia, is off all medications and doesn’t need a CPAP machine anymore. “I am living again, I feel I can do so much more,” she said.

Doing more included a recent excursion to Vietnam, where Andrea and Chris hiked and biked instead of getting on a tour bus. “Losing the weight has definitely helped us with traveling, like with finding airline seats and getting around,” said Chris, who is down more than 80 pounds from his pre-surgery weight of 292.

In contrast to a pre-surgery trip to Bangkok where Andrea’s legs were swollen for two weeks following her return flight, she claims, “I am not sore and my back doesn’t hurt anymore.”

“There is a downfall to all of this, though” jokes Chris, “My wife is costing me a fortune buying all new clothes.”

For more information about weight loss surgery options at St. Charles Hospital, call (631) 474-6797.
# 2018/2019 Awards and Accreditations for St. Charles Hospital

A full list of Hospital accreditations and awards is available at [www.stcharles.org/quality-and-outcomes](http://www.stcharles.org/quality-and-outcomes)

## Hospital

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<th>Award</th>
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<tr>
<td>Joint Commission</td>
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<tr>
<td>Women’s Choice Award</td>
<td>America’s Best Hospitals Patient Safety</td>
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<tr>
<td>Leapfrog Hospital Safety Grade</td>
<td>A</td>
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<tr>
<td>Joint Commission – Advanced Certification for Total Hip and Knee Replacement</td>
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## Orthopedics

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<tr>
<td>Total Knee Replacement Five-Star Recipient</td>
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## Obstetrics/Gynecology

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<td>Gynecologic Surgery Excellence Award</td>
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<td>Obstetrics and Gynecology Excellence Award</td>
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## Stroke

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<td>Advanced Certification – Primary Stroke Center</td>
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## Laboratory

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## Bariatrics

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<td>America’s Best Hospitals for Bariatric Surgery</td>
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<td>Bariatric Surgery Excellence Award</td>
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## Palliative Care

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<td>Joint Commission</td>
<td>Advanced Certification – Reaccredited for 2018-2020</td>
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Trustee Chefs!
Foundation Board Trustees Tim Hopkins and Doug Casimir serving more than 200 community members at the annual Men Who Cook & Women Who Bake fundraiser on October 24.

Making an Impact, Year After Year!
The St. Charles Hospital Auxiliary, including the Northport Chapter of the Auxiliary, presented Jim O’Connor, Hospital president, with their generous annual donation to the Hospital at their Christmas Luncheon on December 11.

Emergency on the Green!
(L-R) Dr. Jeffrey Wheeler, medical director of the Emergency Department, and the Island Medical Management – Port Emergency Services foursome, won First Place Foursome, at the Foundation’s Annual Golf Outing on October 17.

Making an Impact, Year After Year!
The St. Charles Hospital Auxiliary, including the Northport Chapter of the Auxiliary, presented Jim O’Connor, Hospital president, with their generous annual donation to the Hospital at their Christmas Luncheon on December 11.

Let the Games Begin!
The Friends of the Foundation introduced a new game night fundraiser – Vino Bingo & Brew! – on September 23 when they hosted 100 members of the local community for a fundraiser to benefit the Maternal Child Pavilion.

Women Making a Difference...

Engrave A Brick
Back by Popular Demand
Honor someone special or commemorate an occasion by having an engraved brick placed at the entryway to St. Charles.

4x8" Bricks or 8x8" Bricks Available.
Visit www.stcharles.org/bricksforbabes or call the St. Charles Foundation at (631) 474-6465.
Proceeds benefit the Maternal Child Pavilion at St. Charles.
News From Across Catholic Health Services

**CHS Named a Top Workplace**

Reflecting a highly positive level of staff approval, CHS has earned a place among the Top Workplaces on Long Island for 2018, as announced by Newsday. This prestigious designation is based solely on employee feedback gathered in recent months.

“Earning the Top Workplaces award is something everyone at CHS is very proud of,” said Senior Vice President of Human Resources & Chief HR Officer Anthony Pellicano. “What makes it even more gratifying and valuable is knowing that this is the result of our employees expressing their opinion of our workplace culture. CHS’s ability to provide compassionate and high-quality care is directly related to the excellence of our employees, who are the heart and soul of our organization.”

Insights from randomly selected staff were gathered confidentially through a third-party survey administered by Newsday’s research partner Energage, a leading provider of technology-based employee engagement tools. This highly important staff feedback represents CHS’s six hospitals, three skilled nursing facilities, home care, hospice, community-based agency serving an array of special needs, extensive network of physician practices, corporate offices and other facilities.

“Top Workplaces is more than just recognition,” said Doug Claffey, CEO of Energage. “Our research shows organizations that earn the award attract better talent, experience lower turnover and are better equipped to deliver bottom-line results. Their leaders prioritize and carefully craft a healthy workplace culture that supports employee engagement.”

“Our mission and values start with our employees and serve as the foundation for all we do,” added Mr. Pellicano. “Congratulations to all—this is a great honor.”

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**CHS: Together Serving Those Most in Need**

The region of Kurdistan in northern Iraq hosts many Yazidi and Christian refugees who were violently displaced from their homes by ISIS in recent years. Roads of Success (ROS), a non-profit Christian organization based in San Diego, is dedicated to securing humanitarian aid to alleviate their suffering. Recently, ROS partnered with St. Joseph Hospital and the Catholic Medical Mission Board (CMMB) to safely deliver a donation of hospital beds, stretchers, mattresses and medications to the emergency center in that area.

“Feedback from the Iraqi Department of Health has been overwhelmingly positive,” said St. Joseph’s Vice President of Patient Safety & Clinical Program Development Ihab Ibrahim, who facilitated the collaboration on the hospital’s behalf. “They were very grateful and assured us this will make a critical impact on the medical care they are able to provide to the refugees.”

To support lifesaving efforts like these, the CHS Caregivers Fund has awarded grants of more than $200,000 to eleven different organizations.

Many thanks to all who currently participate in the CHS Caregivers Fund. To learn how to get involved, please call (631) 465-6283.

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**Dental Clinic Celebrates Veterans Smile Day**

Staff from the Stephen B. Gold Dental Clinic at St. Charles, including local dentists who volunteer their time, provided free care to veterans on national Veteran’s Smile Day in November. More about the Clinic: stcharles.org/dental-clinic
Our Sports Medicine Strategy is More Than Orthopedic Surgery

Our Sports Medicine playbook is broader than most and includes:

- Baseball Screenings
- Pre-Season Movement Assessment
- Concussion Baseline Testing & Treatment
- Community Outreach
- CT Scan, MRI, X-rays
- Sports Recovery Clinics
- Sports Therapy in 9 Convenient Locations
- Medical Coverage at Sporting Games & Events
- Regenerative Medicine
- No Appointment, Walk-In Clinic with Sports Medicine Physicians
- Full Complement of Board Certified Orthopedic Surgeons & Non-Surgical Physicians

St. Charles Sports Medicine
200 Belle Terre Road, Port Jefferson, NY 11777

For more information visit www.stcharles.org/sportsmed or call (631) 474-6797