



Directions to St. Charles Hospital's Sleep Disorders Center

From Western Long Island:

L.I. Expressway (495) to exit 62N/ Nichols Rd.

Follow Nichols Rd. north to the end.

Make a right on Rt. 25A

Follow Rt. 25A/ Main St. into the

Village of Port Jefferson where

Rt. 25A becomes West Broadway

Continue to follow West Broadway past the

Port Jefferson docks and ferry terminal

West Broadway becomes East Broadway.

Follow to the top of the hill and turn right

Onto Belle Terre Road.

Hospital is one block on your right.

From Eastern Long Island:

Take the LIE to exit 64 North (which is Route 112 North)

Take Route 112 North and follow the signs all the way to Port Jefferson.

At one point in the trip, as you approach Route 25, you will have to bear left as the road forks and there will be a sign showing Port Jefferson is towards the left side of the fork.

DO NOT MAKE A LEFT TURN, just bear to the left as you come up to cross over Route 25.

Continue on Route 112 until you reach Port Jefferson.

This will be after you will cross over Route 347, then railroad tracks, then down the hill into Port Jefferson.

At the end of Route 112, (right down by the Port Jefferson Ferry), you will make a right.

After making the right turn, continue up the hill, passing Danfords Inn (which will be on your left) all the way until you come to the stop sign.

Make a right at stop sign. Hospital is one block up on the right hand side.

Park by the main entrance but be careful not to park in the blue handicapped spots unless you have the proper handicap stickers/permit.

Enter through the Main Entrance and take the South Elevator to 4 South

Sleep Disorders Center is located on the 4th floor (4-South) (631) 474-6277/ NAPS