

Avocado Ranch Dressing

Ingredients (Yield 18 ounces)

- 1 each Avocado, peeled and pitted
- 8 oz Yogurt, greek, plain
- 8 oz Buttermilk, low fat
- 2 tbl Lemon juice, fresh
- 1 tsp Black pepper, fresh cracked
- 1 tbl Mustard
- 1 tbl Dill, fresh chopped
- 1 tsp Worcestershire
- 2 tsp garlic, granulated
- 2 tsp onion, granulated

Method

Combine all ingredients in stainless steel bowl and place into blender, blend until smooth, adjust seasoning. Store in covered container and refrigerate until needed.



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