

# TRAUMATIC BRAIN INJURY

## An Interdisciplinary Approach to Rehabilitation

### PSYCHOSOCIAL SUPPORT AND COMMUNITY RESOURCES



# IT'S ALL ABOUT THE QUESTIONS

- ▶ Caregivers might ask:
  - How will I be able to transport my loved one to the doctor?
  - How can I possibly be a caregiver to my children and my spouse at the same time?
  - Are there government or private programs to help with finances now that my spouse is not able to work?
  - Will I ever be able to live a “normal” life again?
- ▶ Survivors might ask:
  - Will I be able to back to my job? How can I help support my family? Is returning to school possible?
  - What about driving? How can I get around?
  - How can I make sense out of all that has happened to me? Why me?



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# COMMUNITY RESOURCES LEGISLATION & REGULATIONS

## ▶ FEDERAL

- The Federal TBI Act 1996 (2000–amended; 2008, 2014 –reauthorized)
  - Provides funding and development support for TBI services

## ▶ NEW YORK STATE

- NY State TBI Act 1994
  - Established Brain Injury Program, TBI Coordinating Council and identified NYSDOH as lead agency
- Concussion Management and Awareness Act 2011

# COMMUNITY RESOURCES LEGISLATION & REGULATIONS

- ▶ AMERICANS WITH DISABILITIES ACT
  - Employment (reasonable accommodations)
  - Prohibits discrimination in “public services” and public accommodations (hotels, day care sites, doctors offices)
  - Public transportation (SCAT)
  - Telecommunications (relay services)

# COMMUNITY RESOURCES LEGISLATION & REGULATIONS

## ▶ ELDER JUSTICE ACT

- Part of the Patient Protection and Affordable Care Act (2010)
- Authorizes federal funds to be used for the prevention of elder abuse, neglect and exploitation

# COMMUNITY RESOURCES ADVOCACY

- ▶ National Brain Injury Association
  - Brain Injury Association of New York State (BIANYS)
  - Local BIANYS Chapter
  - FACTS Coordinator
- ▶ Disability Rights New York (DRNY)
  - Protection and Advocacy for TBI (PATBI)
- ▶ Nassau Suffolk Law Services



# COMMUNITY RESOURCES ADVOCACY

- ▶ National Association of State Head Injury Administrators (NASHIA)
  - Oversees Medicaid Waiver Programs
- ▶ Nassau County Office for the Physically Challenged
- ▶ Suffolk County Office for People With Disabilities
- ▶ Defense And Veteran's Brain Injury Center : DVBIC
- ▶ Federal, State and Local Departments of Aging
- ▶ Self Advocacy

# COMMUNITY RESOURCES

## COMMUNITY SUPPORT PROGRAMS

- ▶ NYS DOH Medicaid TBI Waiver Program
- ▶ NYS DOH Medicaid NHTD Waiver Program
- ▶ NYS OPWDD Medicaid Waiver Program

## MULTI-SERVICE BRAIN INJURY PROGRAMS

- ▶ Head Injury Association– Hauppauge NY
- ▶ RES Company – Bohemia NY
- ▶ Family Residential & Essential Enterprises (FREE)– Nassau And Suffolk Counties
- ▶ Common Ground Alliance Program
- ▶ New Beginnings
- ▶ TBI Support Groups
- ▶ Adult Day Medical & Adult Day Social Programs



# OPPORTUNITIES FOR COMMUNITY REINTEGRATION

## ▶ WORK

- Paid Employment
- Volunteer

## ▶ SCHOOL / SKILLS TRAINING

- Return to school classroom
- Skills Training– BOCES or Private Trade Schools
- Adult Education at local high schools
- Continuing Education Programs at Colleges

## ▶ RECREATIONAL / SOCIAL

- Town Recreation and Disability Services Programs
- Houses of Worship
- Libraries



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# COMMUNITY RESOURCES

## VOCATIONAL REHABILITATION

- ▶ NYS EDUCATION DEPARTMENT: ACCES–VR
  - Adult Career and Continuing Education–Vocational Rehabilitation
  - Includes supervision of Independent Living Programs

## INDEPENDENT LIVING CENTERS

- ▶ Suffolk Independent Living Organization (SILO)
- ▶ Long Island Center for Independent Living (LICIL)



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# COMMUNITY RESOURCES

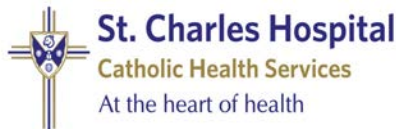
## MOBILITY & TRANSPORTATION

### ADAPTIVE DRIVER REHABILITATION SERVICES

- Eastern Suffolk BOCES Adaptive Driver Training Program  
Patchogue, NY
- The Viscardi Center Adaptive Driver Education Program  
Albertson, NY
- Fitzgerald Driving School                      North Baylon

### ▶ PUBLIC TRANSPORTATION

- Suffolk County Accessible Transit (SCAT)    Suffolk County
- AbleRide Paratransit                      Nassau County



# COMMUNITY RESOURCES

## MOBILITY & TRANSPORTATION

### INSURANCE SPONSORED TRANSPORTATION

- ▶ Medicaid Sponsored Transportation
- ▶ Workers Compensation (Mileage Reimbursement)
- ▶ No Fault Insurance (Mileage Reimbursement)

### OTHER TRANSPORTATION RESOURCES

- ▶ Additional transportation options may be found listed in local Town Government websites. Eligibility requirements may apply



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# TRAUMATIC BRAIN INJURY

## An Interdisciplinary Approach to Rehabilitation

### PSYCHOSOCIAL SUPPORT & COMMUNITY RESOURCES

### The Continuum of Care



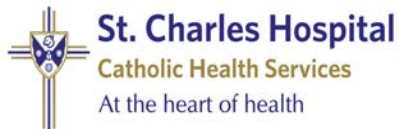
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# PSYCHOSOCIAL SUPPORT

- ▶ Continuum of Care
  - Emergency & Critical Care
  - Acute Rehabilitation
  - Sub-Acute Rehabilitation
  - Community Re-entry



# SURVIVORS DILEMMA

## The Journey:

- ▶ Am I that person who was in a coma?
- ▶ The one who was in the hospital.
- ▶ Am I the person who can't communicate as well as before?
- ▶ Am I the person who says ABC and gets XYZ, doesn't know the year, the president or where I am?
- ▶ Am I that person who doctors say I am, a shadow of me?
- ▶ Everybody else knows who I am but me.
- ▶ I must begin all over again.
- ▶ I have two separate identities who I was and who I am.
- ▶ (Male survivor of an MVA)



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# Handling development & Life Transitions

- Developmental
  - School: IDEA, CSE, 504 Home Schooling
  - Play & Recreational
  - Social
- Life Transitions
  - Worker
  - Relationships & Roles
    - Parent, Spouse, Child, Siblings
  - Caregivers
    - \*The “Care” Act effective 4/23/2016



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# CAREGIVER SUPPORT

- ▶ -Family Appraisal/Assessment
- ▶ -Caring for the Caregiver
  - ▶ -Signs of Caregiver Distress
  - ▶ -Caregiver Wellbeing
- ▶ -Caregiver Resources
  - ▶ -Support Groups
  - ▶ -Respite Options
  - ▶ -On-line Resources

# COMMUNITY RESOURCES

## FINANCIAL & FUNDING

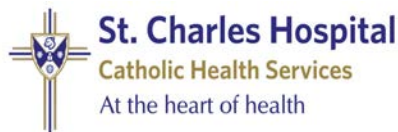
### Health Insurance And Medical Expenses Government Sources

- ▶ Medicare
- ▶ Medicaid
- ▶ NYS Office of Victims Services: Crime Victims Compensation Board
- ▶ NYS Board of Workers Compensation
- ▶ The ABLE Act

# COMMUNITY RESOURCES FINANCIAL & FUNDING

## LOST WAGES / REPLACEMENT INCOME/DISABILITY COMPENSATION PROGRAMS

- ▶ Social Security Disability Insurance : SSDI
- ▶ Supplemental Security Income:SSI
- ▶ NYS Workers Compensation Board Long Island Region
- ▶ NY Office of Victims Services: Crime Victims Compensation



# COMMUNITY RESOURCES

## FINANCIAL & FUNDING

- ▶ No Fault Auto Insurance Benefits
- ▶ Unemployment Insurance
- ▶ Short Term Disability
- ▶ Long Term Disability Insurance (LTD)
- ▶ Trust Funds
- ▶ Guardianship
- ▶ Legal Cash Settlements
- ▶ Private Fundraising
  - GoFundMe
  - HelpHopeLive
  - Foundation Grants
- ▶ Institutional Charity Care Programs



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# COMMUNITY RESOURCES FINANCIAL & FUNDING

## MEDICATIONS

- ▶ NeedyMeds
- ▶ CouponRx

## COMMUNITY BASED SUPPORT SERVICES

- ▶ NYS DOH TBI Medicaid Waiver Program
- ▶ NYS DOH Nursing Home Transition Diversion Waiver Program (NYS NHTD Waiver)

# PROTECTIVE SERVICES

- ▶ NYS Office Children & Family Services(OCFS)
  - Child Protective Services
  - Adult Protective Services
- ▶ Disability Rights NY (DRNY)
  - Protection and Advocacy Project for TBI
- ▶ Suffolk County Office for People With Disabilities
- ▶ Nassau County Office for the Physically Challenged