

FOR IMMEDIATE RELEASE**10/4/07****200 Belle Terre Road, Port Jefferson, NY 11777****(631) 474-6251 / (631) 476-5582 fax****Contact: Marilyn Fabbriante****Director, Public & External Affairs****Senator LaValle Sponsors Free Flu Shots at St. Charles Hospital**

(Port Jefferson, NY) – Courtesy of Senator Kenneth P. LaValle, community residents can be immunized for flu at no charge at St. Charles Hospital on **Monday, October 15.**

Flu shots will take place in the Outpatient Clinic at St. Charles Hospital from 9:00 a.m. to 3:00 p.m. or while they last. A mini-screening will take place prior to administering the shot to ensure good health. Individuals that are ill are unable to have the flu shot.

Influenza is a very contagious illness that strikes millions of Americans each year and is a very contagious illness. The most common complication of influenza in high-risk groups is pneumonia. Influenza is characterized by the swift onset of severe symptoms beginning with two to seven days of fever, headache, muscle aches, extreme fatigue, runny nose and sore throat, and a cough that is often severe and may last seven days or more. Individuals most at risk for flu are people over age 50, people with chronic or long-term health problems, women who are pregnant during the flu season and children under the age of five.

St. Charles Hospital is located at 200 Belle Terre Rd., Port Jefferson. For more information, please call (631) 474-6797.

###