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October 23, 2007**

St. Charles Hospital's Sleep Disorders Center Receives Accreditation

(Port Jefferson, NY) - St. Charles Hospital is pleased to announce that the Sleep Disorders Center received program accreditation from the American Academy of Sleep Medicine (AASM). The Sleep Disorders Center at St. Charles is the only AASM hospital-based, accredited sleep center in Suffolk County and one of only a handful on Long Island.

Accreditation is not an easy task. To receive a five-year accreditation, a sleep center must meet or exceed all standards for professional quality healthcare as designated by the Academy. The process involves a detailed inspection of a center's facility and staff, including an evaluation of testing procedures, patient contacts, and physician training. In addition, the facility's goals must be clearly stated and include plans for positively affecting the quality of medical care in the community it serves.

AASM accreditation is the gold standard for sleep programs in the United States and reflects quality and excellence in sleep disorders medicine. It is recognized nationally by patients and physicians and certifies that highly skilled sleep professionals perform the highest quality sleep studies in a safe environment.

St. Charles Hospital's Sleep Disorders Center is state-of-the-art, featuring six private rooms furnished in a beautiful hotel-like environment. The Center provides professional evaluation by board-certified physicians and comprehensive sleep monitoring by specially trained technicians. Specialists in the fields of neurology, dentistry, pulmonary medicine, and psychology evaluate patients with a variety of sleep disorders including sleep apnea, insomnia, and narcolepsy, sleep walking, sleep terrors, and restless legs.

For more information on the Sleep Disorders Center at St. Charles, please call (631) 474-6797.

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